

Newton Road Runners AGM 18.09.2024

Present: Joanne Thorburn (President), Joanna Wallace (Vice-President), Beth Shearer (Secretary), Ben Watson (Welfare Officer), Peter Alexander (Events), Craig Lawton (Social Media), Jacqueline Wylie (Head Coach), John Kelly, David Murry, Corey Craig, John Quigley-Nicholson, Scott Barclay, Laine McGowan, Sharon Franchetti, Jessica Hardy, Andy Dean, Jason Henry, Kerry Ryan.

Apologies: Alastair Drummond

1. All committee members agreed to stay in their current roles (Since the meeting Elizabeth Fraser has agreed to rejoin and share the role of Welfare Officer with BW. Sheena McCallum is unsure when she will be returning to the club, therefore her position in the committee has been frozen temporarily).
2. Finance update – JT delivered on behalf of AD. Account is overall healthy. Large kit order and SA fees for the year biggest outgoings, however kit payment due back in from members now. Some fees still overdue. AD to provide updated list to JWallace who will contact individuals. BW to draft official policy to tackle late payment of fees. Club funds will get a boost in lead up to race with entry fees.
3. Winter routes will commence in next few weeks. BW and JWylie to create routes and have asked for suggestions to be sent to them. Some discussion on whether Thursday night time trial was to continue in the current Thursday slot, it was agreed it will stay there. The current points table will run until end of January, after which it will be done bi-annually. Risk assessments to be carried out on bad weather nights and routes to be changed if necessary. The need for different pacers in the long and short route was addressed. Coaches of different paces required ideally in front, middle and back of each group. This will allow coaches to support people of varying paces tackle either distance. Ensure there is a dedicated tail runner in each group.
4. Development Recovery Group – update given by AD and JH. Group is working well and has enabled people to return to running in an environment they feel comfortable with. Members should be encouraged to move up to join the main groups when they are ready. DRG coaches to manage this. JT suggested the DRG routes to tie in with the main routes more so that it makes for an easier transition.
5. The club is regularly attracting new members. The welcome packs sent out via email seem to be working well.
6. Fiona Thomson, Corey Craig, Kenny Dagleish and Jen Watson all signed up to complete their LiRF course over the next few months. It was suggested the coaches be given the opportunity to attend coaching development sessions, such as strength training, endurance coaching, to help them progress their own learning. Suggestions or leads on this is welcome.
7. PA provided an update on the Newton 10K race. 220 signed up so far. Parkrun takeover this weekend should help to push numbers. All organisation in hand.
8. Scottish Athletics Awards – Saturday 26th October. Club is taking a table at this.

9. NRR Newsletter – JWallace will endeavour to produce this 4 times a year.
10. NRR Awards Night – Date proposed as 1st February 2025 at Kirkhill Golf Club. JT to book. 5K handicap race to be held during the day on that date, same route as last year – Clyde path loops.
11. Proposed Parkrun takeover dates – Tollcross January 11th, Drumpellier 17th May, Strathclyde 20th September. JT to liaise with relevant Run Directors.
12. Cross Country dates – Speak to PA if want to join the XC team.
13. Club Kit – PA has placed order and payment is now due.
14. AOB – BS communicated Scottish Athletics AGM on 9th November. Menopause workshop next date, JWallace will promote to club members.

London Marathon club place. Criteria for ballot: Has a rejection from London ballot for this year, fully paid member, ran ½ marathon distance in last 6 months (does not need to be official race but proof is required i.e. strava), must represent club and race in club vest, not a previous winner of club ballot place. Winner needs to pay their own entry fee and they must notify club if they are unable to run so their place can be transferred within the club by the committee.

15. Date of next AGM – Wednesday 17th September 2025.